



Resources

from the xMinds speaker event on 2/15/18:
“Little Miss Precise: One Autistic Woman’s Journey of Self-Discovery”

Please take this sheet home, and check out these sources for more information.

Facebook

Neurobeautiful – www.facebook.com/Neurobeautiful

My own Facebook page, where I write about autism and my experiences with it.

Autism Women’s Network – www.facebook.com/AutismWomensNetwork

One of the best sources I’ve discovered for a variety of perspectives from autistic women.

Yellow Ladybugs, Connecting Girls with Autism – www.facebook.com/yellowladybugs

Information about how autism affects young girls in particular.

Books

“Women & Girls with Autism Spectrum Disorder: Understanding Life Experiences from Early Childhood to Old Age” – by Sarah Hendrickx

This book was my first introduction to what autism looks like in women and girls.

Blogs

Musings of an Aspie – www.musingsofanaspie.com

Includes a series of posts on the process of getting a diagnosis as an adult woman.

Respectfully Connected – www.respectfullyconnected.com

Insightful advice from autistic parents of autistic children.