

Resources on the subject of Anxiety in Individuals with Autism Spectrum Disorder

Provided by Jonathan Dalton, Ph.D.

Books:

https://www.amazon.com/Understanding-Treating-Anxiety-Autism/dp/178775152X/ref=sr_1_3?dchild=1&keywords=autism+anxiety&qid=1609715784&sr=8-3

https://www.amazon.com/Parent-Child-Excursions-Anxiety-Autism/dp/1951130103/ref=sr_1_6?dchild=1&keywords=autism+anxiety&qid=1609715784&sr=8-6

https://www.amazon.com/Parents-Managing-Anxiety-Children-Autism/dp/1785926551/ref=sr_1_7?dchild=1&keywords=autism+anxiety&qid=1609715784&sr=8-7

Articles:

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/anxiety-autism-spectrum-disorder>

<https://iancommunity.org/what-anxiety-treatments-work-people-autism>

Video:

<https://www.youtube.com/watch?v=1MW6HilZHCi>