



ALLIANCE PEDIATRICS

PEERS[®]

A Social Skills Group
For Adolescents



Center for
Communication
and Learning^{LLC}
Speech, Language, Social.

PEERS (Program for the Education and Enrichment of Relational Skills) is a 14-week, 1.5 hours evidence-based social skills intervention for adolescents with social challenges.

During each group session, teens are taught important skills and are given the opportunity to practice these skills in session during socialization activities. Parents attend separate sessions focused on assisting their teens in making and keeping friends. Parents learn to help expand their teen's social network and provide feedback.

Enrollment is limited. Parent participation is required.

Your Teen Will Learn How To:

- Find common interests by trading information
- Appropriately use humor
- Enter & exit conversations between peers
- Handle rejection, teasing, and bullying
- Handle rumors & gossip
- Be a good sport
- Make phone calls to friends
- Choose appropriate friends
- Be a good host during get-togethers
- Handle arguments & disagreements
- Use appropriate conversational skills

PEERS May Be Appropriate For Teens With:

- Autism Spectrum Disorder
- ADHD
- Anxiety
- Social and communications challenges
- Other social & behavioral disorders

For enrollment information, please contact us at info@ccl-md.com or administration@alliancepediatrics.com